

Undergoing Chemotherapy

Patients undergoing chemotherapy for the treatment of a solid tumor may have many symptoms from the cancer and/or treatment. Better management of those symptoms and more social support can lower symptom burden and distress. Social network members inside and outside of the home can be activated to help patients. They can help patients with symptom management, problem solving, and provide much needed emotional support.

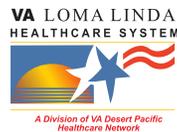
Better management of cancer symptoms is important for better physical and social wellbeing and quality of life. Doctors and nurses play a vital role in helping people manage their symptoms, but they cannot provide the weekly or daily support that many people need. Using low-cost and simple technology, the CarePartner program is an effective health care solution that provides people undergoing chemotherapy with a simple, user-friendly way to improve their care.

Interested in learning more about the CarePartner Program?

Please call 1-888-873-8995

Or ask someone in the Loma Linda Oncology Clinic about the CarePartner Program.

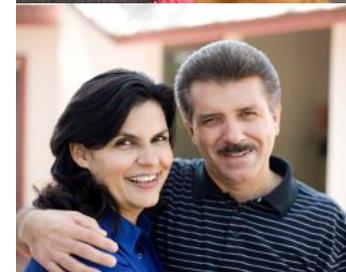
The CarePartner program has been made possible through the collaboration of:



Undergoing Chemotherapy for the treatment of a solid tumor



1-888-873-8995



CarePartner Program

What is the CarePartner program?

The CarePartner program is designed to help people better manage their symptoms by involving an informal caregiver, or CarePartner, in their care. This program has been created with the help of doctors and nurses.

All patients will get automated telephone calls that ask about common symptoms and a toolkit that has tips and information about those symptoms. One group of CarePartners in the program will receive written materials about caregiving. The other group will get access to a website where they can see what their partner reports during the automated calls. These group assignments will be made randomly.

What is an informal caregiver?

Most people have people in their lives who help them or would be willing to help manage their health. Often, other relatives or friends are also willing to help. These informal caregivers can play a major role in helping patients manage their symptoms.

How the CarePartner Program Works



- 1 Choose a CarePartner.

The CarePartner program will work with you (the patient) to find the best candidate to be your CarePartner.



- 2 Complete weekly automated telephone calls.

You will get weekly automated telephone calls for 10 weeks that ask about symptoms you may be having. You will also get a toolkit that has tips on how to manage those symptoms.



- 3 CarePartners in the group that has access to a personalized study website can see what their patient-partner reports about their symptoms during the automated call.

Your CarePartner will check the website to see how you've been feeling and to get more information about symptoms and caregiving. Each week they can use the website to make a list of things they want to do to help you with your symptoms.

Contact your oncology team if you have any questions about the management of your symptoms.