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**FOR IMMEDIATE RELEASE:**

Jan. 25, 2013

**VA Loma Linda Women's Program Hosts Heart Health Event**

LOMA LINDA, Calif. – The VA Loma Linda Healthcare System Women Veterans Program is participating in a national campaign Feb. 1 to raise awareness of heart disease, the No. 1 killer of women and women Veterans.

VA and the American Heart Association's "Go Red For Women" campaign is aimed at women Veterans and military audiences. The two organizations share a common mission to reach women with important information about heart disease.

At the Jerry L. Pettis Memorial VA Medical Center in Loma Linda, the Women Veterans Health Program is sponsoring a free health fair on its 2<sup>nd</sup> Floor patio, adjacent to the Physical Medicine and Rehab section, from 11 a.m. to 2:30 p.m. A free "Zumba" exercise class will begin at 12:15 p.m.

Women serve in every branch of the military, representing 15 percent of today's active duty military and nearly 18 percent of National Guard and reserve forces. Women are now the fastest growing group within the Veteran community.

For more information about the event, call Lisa Roybal, Women Veterans Program manager, (909) 478-7055. For more information about the Women Veterans Health Program, visit [www.lomalinda.va.gov/services/womenveterans.asp](http://www.lomalinda.va.gov/services/womenveterans.asp).

The Jerry L. Pettis Memorial VA Medical Center is the centerpiece of the VA Loma Linda Healthcare System. Opened in 1977, it is located 1/2 mile from its major affiliate, Loma Linda University.

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**GO RED 2/2/2**

The VA Loma Linda Healthcare System is one of the top 15 employers in the Inland Empire. With approximately 2,400 employees and 1,000 volunteers, it serves more than 68,000 Veterans with a wide variety of services through inpatient and outpatient care.

In partnership with Loma Linda University Medical Center and Loma Linda University Healthcare, VA provides primary care and mental health at outpatient clinics located in Blythe, Corona, Palm Desert, Murrieta, Rancho Cucamonga and Victorville.